

YOUTH SCOOP

Montville Youth Service Bureau

836 Old Colchester Road, Oakdale, CT 06370

Office Hours: 8:00 am to 4:30 pm

Program Hours: ASP 2:00 pm to 6:00 pm

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Montville Youth
Service Bureau

MontvilleYSB



Who knew at this time last year that we would be wishing away 2020? It has been an incredibly difficult year primarily due to the Covid-19 Pandemic, all the tragedy and chaos it brought to our world, and the way it changed so many things for so many of us, forever.

January is usually the month for new beginnings; taking the time to reflect on the memories of the year before, both the good ones & the not so good ones too, although 2020 offered us little fondness in the memories department, it also was a year filled with bravery, sacrifice, kindness, frontline workers (in scrubs, uniforms, lab coats and some in just jeans and a sweatshirt) caring for our loved ones; and then finally a ray of hope at the years' end with new vaccines emerging to combat, & hopefully defeat the enemy! So, as we reflect on our own tough times and those of others, this may help to put things perspective, and realize that we are built to persevere and overcome even the hardest of times! #ChooseKind #DontGiveUp

As I reflect on the past year, I would be remiss not to thank all of the families, kids, MYSB Staff, and MYSB volunteers/Board members who made 2020 a more bearable journey, even with some moments of true joy...I appreciate all of you beyond what any sort of words can convey!

"Faith Is Taking the First Step Even When You Don't See The Whole Staircase" ~ Martin Luther King, Jr.

*Wishing you a joyful January
~ Barbara*



Did you know...?

Youth Service Bureaus are the only agencies mandated by state statute to "act as an agent of the municipality to plan, coordinate, & implement prevention, intervention and treatment services" and to "provide opportunities for youth to develop positively & function as responsible members of their communities."

Positive Youth Development and Involvement–
Youth Action Council

Recreation and Youth Enrichment Programs–
After School Program & Summer Program

Youth Employment– Hire-A-Teen

Diversion from the Juvenile Justice System–
Juvenile Review Board

Individual and Family Counseling

Prevention Programs & Parent/Community Education–
Suicide, Drug & Alcohol Prevention, Community Conversations, school surveys, and more.

For more information about the YSB state statute, please visit
https://www.cga.ct.gov/current/pub/chap_164.htm#sec_10-19m

After School Program

**The After School Program will reopen on Monday, January 4th.
(Monday through Friday, no Wednesday program)**

The program fee for the second half of the year (January through June 2021) is \$175 and can be paid in weekly \$10 installments. Payments are due each week regardless of attendance, unless it is COVID-19 related.

Students may attend all 4 days, provided they have transportation on their distancing learning days. MYSB asks that parents let us know if their child will be attending the other two days for staffing purposes.

As a reminder, it is important for parents to let MYSB know if their will not be attending the ASP for any reason (again for staffing purposes).

If you have any questions regarding payments, please call Dianne at 860-848-6747 between 9 am to 2:30 pm or through email, Dianne@montvilleyouth.org

ASP Movie Day

Friday, January 29th

2pm to 4pm

All ASP participants welcome to join us for a little bit of normal to start the new year! Bring a blanket or a pillow and wear your comfy clothes!



This is a FREE event!

Pizza and popcorn!

RSVP is REQUIRED

By Wednesday, January 27th

Beginning January 4th, cell phones, tablets, and laptops will only be allowed after 4:30 pm during the After School Program. Tablets and laptops may be used prior to 4:30 pm for school related purposes only.

Thank you!

The more you know...

In November the Youth Action Council and MYSB surveyed 100 middle and high school students asking how the COVID-19 restrictions have affected their mental health. Here are few of the key findings.

57 % of youth reported that prior to the COVID-19 restrictions, they had never experienced mental health issues, however, 39 % of those youth are now currently experiencing anxiety, depression and isolation.

37 % of parents reported that prior to the COVID-19 restrictions, they or their child had never experienced mental health issues, however, 41% of those parents now report that they are experiencing anxiety, depression and isolation.

68% of youth surveyed felt lonely or isolated.

76% of parents surveyed felt that they or their child felt lonely or isolated.

77% of youth reported that the dynamics in their house had changed since the COVID-19 restrictions began in March.

87% of parents reported that the dynamics in their house had changed since the COVID-19 restrictions began in March.

RESOURCES

United Way 2- 1- 1

National Suicide Prevention Hotline 1- 800- 273- 8255

Montville Youth Service Bureau 860- 848- 7724

Follow MYSB on social media to learn more about the survey results and how you can provide support for your family.

Asset of the Month

Family Support

Family life provides high levels of love & support.

Developmental Assets are 40 research-based, positive experiences and qualities that influence young peoples development, helping them become caring, responsible and productive adults. The more of the assets a young person has, the more successful they can become.

Youth News!

Columnist of the Month

**Josie English- 8th grade Tyl Middle School
Family Support**

I know that the past few months have been trying, but as cheesy as it sounds, family makes everything better. My family has supported me and my sister throughout this whole thing. From helping us with online work to just making us smile when we can't see our friends! Being home really strengthened our relationship and inspired us to do more family things together. We all try to assist each other with tricky decisions and helpful reminders about staying clean and safe. My parents have helped me throughout my National Junior Honors Society and continue to support me every day.



2021 Refresh!



“So here’s the most important question in your life. What is your spark? Try to name it right now. Close your eyes and think about the moments when you feel joy and energy, when you feel really alive and connected and engaged. What are you doing or being?

A spark can be a talent, an interest, or a quality like caring, empathy, or tolerance. You might find you actually have not just one, but two or three sparks. If you get stuck, ask a friend to help you define your spark. Friends know. Friends sometimes see things we don’t.”

Peter Benson, Ph.D.

January is Spark Month for MYSB!

2020 was a long year, and it’s time to refresh yourself in 2021.

Instead of setting a New Year Resolution that you’ll forget about it February....

Take the time to find something that brings you joy and happiness!

Follow us on Instagram for ideas on finding your spark!

@montvilleysb

“This is a new year.

A new beginning.

And things will change.”

- Taylor Swift

Spark Month



January Birthdays!

Tim Dyson- 12th

Lucas Brown- 17th

Aiden Maurin- 23rd

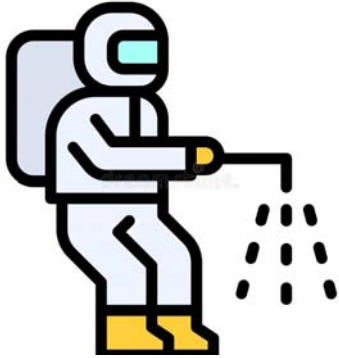
TRENDING NOW

The top 5 trending topics in 2020 were...

5. Coronavirus Symptoms
4. Coronavirus Update
3. Kobe Bryant
2. Coronavirus
1. Election Results

"Tell Me Something Good!"

MYSB would like to recognize our amazing custodial team— a special set of heroes in Montville!



Bonnie, Bill, Ron & Karl—
Your commitment to the safety of your fellow town employees and the residents in town has been unfaltering and we appreciate you! Thank you so much!

"Making a World of Difference!"

Kid of the Month



Ashlynn has been part of the ASP as a participant for 4 years now, but she has been part of our family for much longer! We have enjoyed watching her grow up and become our resident fashionista!

Ashlynn enjoys all the activities we have at the youth center, but prefers to be creating arts and crafts master pieces over anything else!

Ashlynn is kind and welcoming to everyone she meets! Keep being you Ashlynn, because we think you are really great!

Ashlynn Messer

Food for Thought!

Food banks and social services departments still need food donations, now, more than ever! The holidays may be over, but you can still donate items!

Consider donating non-perishable items to your local food bank today!

Some ideas;

Peanut butter, pasta, and canned veggies!

Tuna, rice and low sodium soups!

Please do not donate items that are expired and when possible give canned goods that have pop-top lids!

January 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Center Closed	2 Center Closed
3 Center Closed	4 ASP 2:00- 6:00	5 ASP 2:00- 6:00	6 Center Closed	7 ASP 2:00- 6:00	8 ASP 2:00- 6:00	9 Center Closed
10 Center Closed	11 ASP 2:00- 6:00	12 ASP 2:00- 6:00	13 Center Closed	14 ASP 2:00- 6:00	15 ASP 2:00- 6:00	16 Center Closed
17 Center Closed	18 Center Closed	19 ASP 2:00- 6:00	20 Center Closed	21 ASP 2:00- 6:00	22 ASP 2:00- 6:00	23 Center Closed
24 Center Closed	25 ASP 2:00- 6:00	26 ASP 2:00- 6:00	27 Center Closed	28 Half Day Close at 5:30pm	29 Half Day Close at 5:30pm	30 Center Closed



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YOUTH SCOOP

Remember to stay tuned to The Youth Scoop, the Montville Community Booklet, our website: www.montvilleyouth.org and our Facebook page for up-to-date program, service & event information, or give us a call at 848-7724 to speak with a staff member. We will be happy to assist you in any way we can!