# YOUTH SCOOP

Montville Youth Service Bureau

836 Old Colchester Road, Oakdale, CT 06370

Office Hours: 8:00 am to 4:30 pm Program Hours: ASP 2:00 pm to 6:00 pm

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Montville Youth Service Bureau

MontvilleYSB



It's been a long year between last March and this one...Who could have imagined that we would be impacted so deeply, on so many levels, by a virus that felt like it came out of nowhere? 2020 will definitely go in the books as one of the toughest years that the WORLD has ever experienced. Together we experienced countless acts of heroism, kindness, and dedication, but unfortunately we also experienced acts of cruelty, selfishness, and hate. I think that not just the physical wounds of the past year will need time to heal, but the mental and emotional ones will as well. Please do your best to recognize your own struggles, or those of the people you care about, and reach out for help! MYSB has resources to share, or you can also call 211 to find out what programs and service are available in our area.

Despite everything we plan to keep up the tradition of our famous & delicious **Shamrock Shakes** being on Tuesday, March 16<sup>th</sup> & Thursday, March 18<sup>th</sup> (so both our cohorts of kiddos can partake in the fun). **You don't have to be Irish to celebrate in all the fun!** *Happy St. Patty's Day!* 

As you may have noticed we decided to re-design the "Scoop" to reflect a more community oriented format, because we don't want to be kept a secret, and wish to share with the entire Montville Community all of our work, special events, information, resources and more!



Have a Magnificent March!

**Happy Spring!** 

Bailma

### Did you know...?

Youth Service Bureaus regularly testify at the State Capitol on legislative bills that impact youth and families.

On March 3rd, two of our very own Montville youth will be testifying before the Appropriations Committee regarding their personal experience with Montville Youth Service Bureau.

Testimonials can be viewed at the Connecticut Television Network (CTN) at CT-N.com.

## The more you know....



#### **March is Gambling Awareness Month!!**

MYSB & YAC are looking for Montville middle and high school youth and parents to take a survey!

The survey results will be used to create a community awareness & education campaign. The last day to take the survey is Monday, March 15th.

All surveys are anonymous!

#### **Youth Survey**



#### It seems harmless... until it isn't.

#### Blood Drive



Tuesday, April 13th 8:30 am to 5:00 pm Montville Community Center

Register Today: redcrossblood.org

1 hour = 3 lives.

#### -Asset of the Month-

#### **Other Adult Relationships**

Young person receives support from three or more nonparent adults.

Developmental Assets are 40 research-based, positive experiences and qualities that influence young peoples development, helping them become caring, responsible and productive adults. The more of the assets a young person has, the more successful they can become.

### Youth News

### mist of the

**Emily Wigfield - 7th Grade Other Adult Relationships** 

There are many adults in my life that I have relationships with. One relationship that I would like to point out is the one I have with my 7th grade math teacher. Math was always hard before she became my teacher. She teaches in a fun way that helps me understand it better. She helps me with whatever I need, social or school.

Another bond is the bond that I have between the staff at MYSB. They help me with whatever I need. They are so fun to talk to about a show or anything else we have in common. These special bonds are what everybody needs!

### Join us



LIKE is an IndieFlix Original documentary that explores the impact of social media on our lives and the effects of technology on the brain. The goal of the film is to inspire us to self-regulate. Social media is a tool and social platforms are a place to connect, share, and care... but is that what's really happening?

Save the date for this multi-community event sponsored by New London County Youth Service Bureaus. This will be a week-long event and ANY member of the community is welcome to join! The opportunity to talk with an expert panel about the film will be held on April 8th! Stay tuned for details on the event and how YOU can access the link to view the film and join the interactive discussion on April 8th.

Stay tuned to our social media for more information as it becomes available!

> Our logo may have changed, but we haven't!

Making a world of difference!

#### March Birthdays

Emily Wigfield-7th

Madison Bernier– 16th

Elijah Moore-18th

Adam Sheridan- 24th



### After School Program

### Shamrock Shakes

Two days of Shamrock Shakes for our After School families!

Tuesday, March 16th <u>AND</u>

Thursday, March 18th from 3 to 5 pm.





"You have brains in your head.
You have feet in your shoes.
You can steer yourself in any
direction you choose."



Happy Birthday, Dr. Seuss!!

The Superintendent and the Board of Ed have worked hard all year to keep the students and faculty safe! We are so happy to hear that full in-person learning will be phased in this month!

Don't forget to read emails from the schools and continue to follow safety protocols to keep us all moving toward 'normal'!

We are excited that we will have full time students back in the building beginning March 22nd!

As always be kind and stay safe! #partnersinpositivity

Montville Youth Service Bureau & YAC's Mental Health billboard will be up Monday, March 8th on Route 32 right before the 2A bridge!

"What's in your head, should be said!"

Follow our campaign on Facebook & Instagram!

#### "Tell Me Something Good!"

# March Giveaways!

Wednesday, March 17th & March 31st
Montville Community Center
9:30- 4:00pm or while supplies last
Stop by and pick up a special St. Patrick's Day (17th) and Easter
(31st) craft, coloring/activity sheets & a delicious snack!
\*This is a zero contact pick up!\*

### Teen of the Month

Liyah has been part of our MYSB for what feels like forever, as an ASP and YAC participant!

During the last year, Liyah has played an active roll in keeping the Youth Action Council in touch, on task and active in many ways! Liyah was instrumental in the design process of our ongoing community center room painting projects, as well as her attention to detail and keeping all the paint colors straight!

Most recently she created our Mental Health Awareness billboard and tagline... "What's in our head, should be said!" Liyah keeps us all focused but isn't afraid to bring a little sarcasm and humor to our meetings and group texts.

We are so happy that you are part of our family, Liyah!

Cheerio!!



Liyah Poulicakos

### **Kick Butts Day**

Thursday, April 1st

This year we will focus on Vaping Education!

Middle School students will have the opportunity to
complete a Vaping education game on their phones, and
enter to win an Amazon Gift Card!

MHS Youth Action will be handing out details at the middle school.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	ASP 2-6 pm	ASP 2-6 pm	Office Hours 8-4:30	ASP 2-6 pm	ASP 2-6 pm	Center Closed
7	8	9	10	11	12	13
Center	ASP	ASP	Office	ASP	ASP	Center
Closed	2-6 pm	2-6 pm	Hours	2-6 pm	2-6 pm	Closed
Closed			8-4:30	r	- 1	Closed
14	15	16	17	18	19	20
Center	Office	ASP	St. Patrick's	ASP	ASP	Center
Closed	Hours	2-6 pm	Day	2-6 pm	2-6 pm	Closed
	8-4:30pm		Giveaway	•	•	
21	22	23	24	25	26	27
Center	ASP	ASP	Office	ASP	ASP	Center
Closed	2-6 pm	2-6 pm	Hours	2-6 pm	2-6 pm	Closed
	•	_	8-4:30	_	_	
28	29	30	31			
	1		_			
Center	ASP	ASP	Easter			



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Remember to stay informed by reading our monthly newsletter, The Youth Scoop, the Montville Community Booklet, the MHS digital sign, The Montville Community Forum, follow us on Facebook or Instagram, check out our website: <a href="https://www.montvilleyouth.org">www.montvilleyouth.org</a> for updated program, service, & event information; or give us a call at 848-7724 to speak with a staff member. We will be happy to assist you in any way we can!